Camden Early Help

Everyone needs a little help sometimes. If you're feeling worried about your child, or you want to make a change in your life, Camden Early Help is here for you, your children and your whole family.

- Free support service for families with children aged 0 to 19 in Camden
- Practical and emotional support with a range of life issues if they are starting to feel overwhelming
- Working with you and your family to help make whatever changes you want to make
- Helping you and your family develop friendships and feel connected with your community.

## **Find out more**

T: 020 7974 3317 (9am to 5pm, ask for Early Help) E: LBCMASHadmin@camden.gov.uk

For more information about Early Help visit: camden.gov.uk/earlyhelp

Sure Start 020 7974 8961 camden.gov.uk/surestart

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